

# JANUARY 2019

## ACTIVITY CALENDAR

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>31</b> OSIP CLOSED HAPPY NEW YEAR	<b>1</b> OSIP CLOSED HAPPY NEW YEAR	<b>2</b> Breakfast/ Social BINGO! <b>Exercise</b> Ball Game  Creativity Unleashed	<b>3</b> Breakfast/ Social Outing Spa Card Game	<b>4</b> Breakfast/ Social Door Decore Stretching Ball Games BINGO!
<b>7</b> Breakfast/ Social Mask Exercise Ball Game Ashleen Buchanan Health topics 1-2	<b>8</b> Breakfast/ Social Reading w/ Faye Stretching Ball Games Participant Choice	<b>9</b> Breakfast/ Social BINGO! Exercise Ball Games Health Topic 01/02/18	<b>10</b> Breakfast/ Social Outing Spa Board Game	<b>11</b> Breakfast/ Social Eskimo Stretching Ball Games BINGO!
<b>14</b> Breakfast/ Social Blue Birds Exercise Ball Games Health Topic 1-2	<b>15</b> Breakfast/ Social Reading w/ Faye Stretching Ball Games Participant Choice	<b>16</b> Breakfast/ Social BINGO! Exercise Ball Games Health Topic 1-2	<b>17</b> Breakfast/ Social Outing Spa Card Games	<b>18</b> Breakfast/ Social BINGO Stretching Ball Games Essential Oils 1-2
<b>21</b> Breakfast/ Social Penquins Exercise Ball Game Health Topic 1-2	<b>22</b> Breakfast/Social Reading w/ Faye Stretching Ball Games Participant Choice	<b>23</b> Breakfast/ Social BINGO! Council Meeting Exercise Ball Games Health Topics 1-2	<b>24</b> Breakfast/ Social Outing Spa Board Games	<b>25</b> Breakfast/ Social Hedge Hog Stretching Ball Games BINGO!
<b>28</b> Breakfast/Social Puzzel Paint Exercise Ball Games Health topics 1-2	<b>29</b> Breakfast/ Social Reading w/ Faye Stretching Ball Games Participant Choice	<b>30</b> Breakfast/ Social BINGO! Exercise Ball Game Health Topics 1-2	<b>31</b> Breakfast/ Social Outing Spa Card Game	