

December 2018

OSIP Lunch Menu

Water, 1% Milk, Juice and Coffee offered at every meal.

Monday	Tuesday	Wednesday	Thursday	Friday
3 Veggie Pizza On W/G Sand Thins Cottage Cheese Fruit Cocktail	4 Beef Pot Pie on W/G Biscuit Squash Peaches	5 Turkey Veg Soup W/G Rolls Pears	6 Baked Haddock Carrots W/G Bread Apricots	7 Ham Scalloped Potato Peas W/G Bread Fruit Cup
10 Pork Loin W/G Basil Noodles Carrots W/G Biscuits Applesauce	11 Veggie Burger Tomato/Lettuce W/G Buns French Fries Pears	12 Meat Loaf Sweet Potato Green Beans W/G Bread Peaches	13 W/G Chicken Pie with Mixed Veggies Broccoli Mango	14 Tuna Melts on W/G Bread Squash Diced Fruit
17 Haddock Sweet Potato Fries Culiflower W/G Bread Cherry/Apple Cup	18 Roasted Turkey Brown Rice Squash W/G Rolls Fruit Cocktail	19 Creamy Italian Casserole Cottage Cheese Bran Muffin Pears	20 Apple Cider Beef w Sweet Potato W/G Bread Peaches	21 Spiral Ham Mashed Potato Grn Bean Cass W/G Rolls Apple Pie
24 Christmas Eve Closed	25 Christmas Day Closed	26 Open Face Pork W/G Sandwich Carrots Baked Apples	27 Mac & Cheese Grn Beans W/G Bread Fruit Cocktail	28 Beef Burgers Tomato/Onion Hash Browns Fruit Cup
31 New Years Eve Closed	1 New Years Day Closed			

OSIP Adult Day Services is an equal opportunity provider.